

NASAP: CERTIFICATE IN ADLERIAN PSYCHOTHERAPY

APPLICATION FORM

Name _____ Date _____

The Certificate in Adlerian Psychotherapy is an acknowledgment by the North American Society of Adlerian Psychology (NASAP) and is provided to members in good standing who have received specialized Adlerian clinical training and supervision in Adlerian psychotherapy. This **advanced post-master's certificate** recognizes specialized Adlerian clinical training of a required standard, which is above and beyond a master's degree obtained at regionally accredited colleges and universities. As such, this certificate is not a replacement for an advanced degree in mental health or any other field nor is this a license to practice psychotherapy.

For the lawful use of the NASAP certificate designation please check your local laws and professional codes of ethics concerning protected titles and please follow those in using any designation while presenting yourself professionally.

The Certificate in Adlerian Psychotherapy minimum requirements A-F

Students can start the certificate process during their graduate training but must have a conferred degree to complete this certificate. Submit a copy of your graduate diploma and proof of licensure (if applicable).

A. NASAP Membership for at least two (2) consecutive years

- Indicate membership history in the form below. NASAP Student membership may be included.

B. Master's degree (or equivalent) in a mental health or allied health field

- Master's degree (or equivalent) in a mental health or allied health field open to psychologists, counselors, social workers, marriage and family therapists, physicians, and psychiatric nurses and be licensed OR license eligible to practice in their locale.

C. 100 hours of Adlerian Focused Study: workshops, lectures, classes, or other approved forms of training distributed across these core clinical processes:

- Lifestyle Assessment
- Cultural competency and diversity
- Early recollection assessment and interpretation
- Family constellation
- Psychopathology from an IP perspective
- IP treatment methods: individuals, groups, couples, families, communities
- IP treatment methods: parent education
- Trauma and IP
- General psychotherapy related IP courses: various topics

These training hours must be offered by a minimum of three NASAP members, two of which must hold the Diplomate of the North American Society of Adlerian Psychology.

Training can be received through videotape/audiotape instruction, web-based or other technology-based courses, home study, in-person conferences and workshops, Taptalk recordings, and Individual Psychology article CEs.

- Of the 100 contact hours, a minimum of 30 contact hours must be received from the NASAP annual conferences, training materials offered on the NASAP website, the Individual Psychology article CE project, and/ or Taptalk contact hours.

12 hours minimum of intensive workshops (minimum 3 hours in length) at an Adlerian conference, an affiliated Adlerian training provider or institution that is in good standing with NASAP, or with other training groups but with NASAP diplomate trainers.

The remaining training hours shall be Adlerian focused, with documentation provided to the review committee (and listed below), from workshops or classes at an Adlerian Conference or offered through some other affiliated Adlerian training provider or institution from more than one of the following sources:

Taptalk recordings (including quiz questions)

Individual Psychology article CEs (including quiz questions)

Live (in-person or web-based) conference attendance

affiliate conferences/trainings count- documentation must be submitted. Consultation, training, case consultation, and study groups are also acceptable.

NASAP affiliate organizations and trainings

offered by NASAP diplomates for other training organizations, NASAP conferences, Adlerian-related institutes, workshops, and trainings.

D. Supervision/consultation: 10 hours of providing or receiving Adlerian-focused licensure supervision, peer consultation, or training to count towards these contact hours. These hours must be provided by a NASAP diplomate or a practitioner who holds the NASAP Certificate in Adlerian psychotherapy.

- Provide a summary of your supervision/consultation hours (minimum of 10) in a short cover letter included in your application materials and ALSO a letter (or copy of an email) from your supervisor that describes the timeframe and number of hours of supervision.

E. Candidates must have earned the certificate of study from NASAP (or the NASAP diplomate)

- Include a copy of your certificate of study or diplomate. Training hours from the certificate of study can be applied to the certificate but must be psychotherapy-focused training hours.

F. Payment of \$200 is required for application, review, and certificate.

- This fee is non-refundable; a \$50 credit will be made toward resubmission within three (3) years if the certificate is not awarded.

Special consideration will be given to those who have completed the requirements to the established standards for certification prior to 2021. We realize that many applicants will not have evidence of continuing education, so please submit a cover letter detailing your history of NASAP conference attendance, NASAP membership, supervision, and also list two references that could verify your activities. This exception will end on January 1, 2022. Requirements may be modified or waived on an individual basis for such prior study upon application to the Education and Professional Development Committee of NASAP.

Continued certification requirement: 50 hours of approved training hours every 3 years.

The certificate will expire after three years and documentation of training hours and contributions to NASAP/Adlerian Psychology must be submitted for re-certification. Minimum across three different formats.

- Ongoing continuing education from: the NASAP conference, Affiliate conferences, article CE hours, online CEs
- Provide training, group consultation, or supervision (individual or group)
- Recertification/maintenance fee is \$50 (every three years)
- Continuous NASAP membership

Procedures:

1. Record your CE hours on the Course Registration Log inside this form. Please provide accompanying documentation in English.
2. Attach certificates of study/attendance, CE certificates, records or letters verifying completion of studies and email them as a compressed file to adlerpsychotherapycertificate@gmail.com. Please submit all files in pdf format.
3. Send this completed form and documentation with a check for \$200 USD to:
NASAP
117 Hedgewood Lane
Canton, GA 300115, USA

Or-

send \$200 USD via PayPal: North American Society of Adlerian Psychology@NASAP

Total Hours _____

4. Supervision

Please list the supervisors name, date, presenter, and length (in hours) of your Adlerian Psychology supervision (received or provided). Must be 10 hours, in addition to the 100 training hours.

Please supply copies of certificates or other evidence of completion.

Supervisor	Date(s)	Location	Additional details	Hours

Total Hours _____

Summary

Total Hours of Study _____

Signature

Date Submitted

For Committee Use Only:

Date of Review: _____ Action: Accept ____ Additional Work Needed _____

If additional work is needed, please specify what type of work is needed here:

Date Applicant Notified of Results: _____ Date to be Awarded: _____

Signature of Education/Professional Development Chair