

Parents as Leaders - Bringing Business Concepts to Parenting

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Agenda

Long and Short Term Goals for Children

Social Capital, time and change

management

Meetings, conflicts, internal motivation

Parent chat

Anger management, people vs. problem

Quick recap

Long Term Goals for Children

Independent

Resilient

Responsible

Respectful

Empathetic

Problem Solver

Kind

Self-Confident



How to Parent - with Intention

Independent

Resilient

Responsible

Respectful

Empathetic

Problem Solver

Kind

Self-Confident

Give opportunities

- Let them fail
- Give chances
- Be respectful
- Say “I hear you”
- Ask for their ideas
- Be kind
- Encourage effort

Short Term Goals

Obedient, Compliant,
Good Listener,
Rule Follower

Children are
programmed for
Long Term Goals.



**Build Social
Capital**

**Top-down management is
becoming obsolete**

So is Top-down parenting

Flatter management structure

Build Social Capital

Good leaders are respectful of
employees

Good parents are respectful of
children

Respect and self-respect

Time Management

- Schedules
- Routines
- Timers
- Lists
- Calendars

Change Management

Preview activities - the day before, in the morning

Tell kids what to expect, have them restate plan

Transitions - give 5 minutes heads up, get buy-in

Family Meetings

- Time, Place, Agenda.
- Tone of respect
- Appreciations and Successes
- Family Branding
- Team Building

Conflict Resolution

- Your side
- My side
- Brainstorm
- Negotiate
- Compromise
- Pick an idea
- Re-evaluate

Create Internal Motivation

- ~~“Good job!”~~
- Specific - “You tied your shoes”
- Contribution - “By yourself!”
- Why the job is good - “You are ready”
- Outcome - “You can run fast ”

**How do you manage these
things in your family?**

Anger Management

We yell = children yell

We yell = adult temper tantrum

Managing emotions = modeling anger management.

Anger Management

Count to ten, deep breathe, stretch, go in another room, take a walk, snap your fingers, make a plan.

Apologize.

- **Soft on People, Hard on Problem**
 - Tell kids you love them, not their behavior.
 - Create wellness culture
 - PD - give kids opportunities to achieve
 - Build self-esteem - tell kids their strengths.

Summary

**Long term goals. Respect.
Empower your kids. Give them
skills.**

Thank you very much

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