



## TABLE OF CONTENTS

- **PRESIDENT'S MESSAGE**
- **MARYLAND LOSES ITS FIRST LADY**
- **ELECTION RESULTS**
- **AFFILIATE NEWS**
- **CONFERENCE CORNER**
- **CONFERENCE EXTRACURRICULARS, PART I**
- **CONFERENCE EXTRACURRICULARS, PART II**
- **RELATIONSHIP REFLECTIONS**
- **EXECUTIVE DIRECTOR NEWS**
- **POSITION OPENINGS**
- **UPCOMING TRAININGS**
- **PUBLICATION NOTICES**

NASAP Newsletter,  
March/April, 2012

**Jamie Stone O'Brien,**  
Editor

Next Submission due  
date is June 1st, 2012.

Please send submissions,  
questions, and/or  
comments to

## PRESIDENT'S MESSAGE

Dear Members,

It is with great gusto that I greet you and encourage your attendance to NASAP's 40th Annual Conference, only a few months from now. The theme, Social Equality, Still the Challenge of Today will echo loudly and passionately through all invited speakers. The host committee and co-chairs, Jody Hausker and Michelle Frey, will personify southern hospitality as they welcome us to their historic city, Atlanta. It will be my personal pleasure to partake in the honoring of Frank Walton, Kathy Walton, and Mim Pew with Lifetime Achievement Awards. Joining these honorees will be Linda Jessup and Henry Raymond, recipients of the President's Award for their respective contributions to Adlerian Psychology and community leadership. I project that we will all be very pleased with the outcome of our 40th Conference because all the ingredients—venue, content, theme, and infrastructure (the host committee plus Conference Coordinator, Becky LaFountain) will coalesce into a product exceedingly well done.

Standing alongside the conference infrastructure is NASAP's own unique governance structure. Its composition of board of directors, council of representatives, and executive director, with shared commitment, values, and purpose, guide and strengthen our pursuits. Elsewhere in this newsletter, you learn the results of NASAP's recent election for vice president, treasurer, and secretary. These new officers to the board, and a growing COR, join president-elect Richard Watts and executive director John Newbauer for the years to come, beyond Atlanta. To all the recent candidates, your willingness to serve inspires and fortifies our organization. We are grateful.

May we all be buoyed by the promise of spring. I look forward to seeing you in Atlanta. Your input is always desired.

Sincerely,  
Steve Stein  
[Sjstein47@comcast.net](mailto:Sjstein47@comcast.net)

## MARYLAND LOSES ITS FIRST LADY

Norma Lou McAbee passed away on Wednesday, March 21st at the age of 92. She left behind two sons, Kyle and Kent.

Norma Lou was a dear friend to 'Tee' Dreikurs, from whom she learned much about Art Therapy, and was, herself, considered by many to be a Master Art Therapist.

Norma Lou taught on the faculty of ICASSI (International Committee of Adlerian Summer Schools and Institutes) for several years and she served as an honorary board member for the McAbee Adlerian Psychology Society (so named after the death of her loving husband, Hal McAbee, in 1993).

According to Frank Walton, "Norma Lou and Hal McAbee were 'top notch' presenters at the South Carolina Society of Adlerian Psychology conferences for many years!"

Norma Lou was often a contradiction in terms. One moment she appeared to be a quiet and demure, well-mannered 'lady', but then she was equally capable of 'raising a ruckus' when she believed that she had something important to say...and Norma Lou often had important things to say!

She was a brilliant scholar and she loved to be in the center of Adlerian activity. As she gained in years, it was very apparent how much she thrived on maintaining her connections with Adlerian thinkers. Norma Lou McAbee was the energy source that sparked the core of inspiration for so many of us who had the great fortune to know her and to call her a friend.

She will be missed greatly.

Respectfully Submitted,

Rob Guttenberg, COR Representative

## ELECTION RESULTS

Dear NASAP members-

On behalf of the NASAP nomination committee, John Newbauer, Becky LaFountain, and myself, we thank you for taking the time to vote. Also, thank you to the stellar slate of candidates for their willingness to participate in the governance of NASAP.

The new two-year board member appointments will take effect

subsequent to our 2012 NASAP conference in Atlanta.

The elections have closed and here are the results:

Vice President: Susan Belangee

Secretary: Michelle Frey

Treasurer: Susan Burak

Please join me in welcoming our new board members.

Teal Maedel, Past President of NASAP

## **AFFILIATE NEWS**

### Greetings from the Windy City: An Update from the Adlerian Society at the Adler School of Professional Psychology

It has been a distinct honor and privilege for me to serve as President of the Adlerian Society. No, it's not because this organization was formed in 2008 on my birthday. And no, it's not because this opportunity provided me with numerous personal and professional interactions with various scholars who I have looked up to since my first exposure to Adler some four years ago. It is because I have been able to witness firsthand how powerful the courage to be imperfect can be. I've witnessed mistakes; I've witnessed brilliant successes; I've seen the light bulb go on as fellow students and colleagues begin to understand the philosophy for the first time; I've received a multitude of emails from people asking for more; I've belonged to a community that I am happy to have found. So what, exactly, is going on in the Windy City? I'm happy to share and, hopefully, welcome you to this beautiful place sometime in the future.

The Adlerian Society of the Adler School of Professional Psychology serves as both a student group and an affiliate of NASAP. This dual role has afforded many opportunities that would not have otherwise been possible. Recently, we hosted guest speaker Dr. Alexander B. White as he spoke on "The Lesson of the Holocaust." The Adlerian Society teamed up with the Jewish Student Association as we gathered over a variety of kosher pizzas, snacks, fruits and beverages and listened to Dr. White's captivating story. He told a tale that embodied courage and understanding as he recalled what it was like to be liberated from such a tragic event. Dr. White told the crowd of nearly 50 that it was his desire to belong and make a difference in the world that motivated him to "be a mensch." We were so very fortunate to have this opportunity not only as an organization, but also as a community of imperfect beings.

Not too long ago, the Adlerian Society also hosted its annual

networking event. Nearly twenty Adlerian students and professors gathered as we shared a delicious Italian meal provided by Giordano's Pizza. For nearly three hours we engaged in conversation, told stories, shared laughs and even watched a film of an Open Forum Family Counseling Session, which was led by Dr. Jay Colker. We look forward to this event each year and it continues to be an excellent demonstration of the essence of the Adlerian Society and the local Adlerian community.

In addition to networking events, the Adlerian Society has also been making efforts to engage and educate the community on Adlerian theory. During our weekly case conceptualizations, Dr. Harold Mosak and Dr. Sam Goldman grace us with their presence as they present a case and go line for line through a client's Life Style Inventory. These opportunities allow students to gain an understanding of life style from two of the most experienced Adlerians in the Chicago area. There are chances to practice summary writing, ask questions, and engage in discussion regarding the therapeutic process.

The Adlerian Society also encourages collaborative interactions through our bimonthly discussion circles and movie nights. During our movie nights, we select a popular movie (i.e., Lars and the Real Girl, Planet of the Apes, etc.) and we apply theory to a particular character or social/community challenge. These movies provide students and faculty with a chance to relax, sit back, and enjoy a variety of chocolates, candy, popcorn and soda. Similarly, our discussion circles involve gathering over snacks and beverage, reviewing an article from the Journal of Individual Psychology, and discussing the personal, professional, and community implications of the article's focus. These educational events have been well received and continue to be held on a regular basis.

I must admit that these social gatherings have been quite enjoyable in a multitude of ways. They have helped the Adlerian Society grow and connect, they have provided stimulating conversations and they have provided many struggling graduate students with delicious leftovers. Despite all of this, there is another side of the Adlerian Society that has yet to be mentioned. This side involves selfless acts of charity. This year, the Adlerian Society has decided to team up with Inspiration Corporation, a local charity organization. This partnership will allow members of the Adler School to volunteer their time and energy to cook and serve a hot meal at a local homeless shelter. Our hope is that our philanthropy work not only proves to be beneficial for those we serve, but also to each and every one of us who volunteer. There are moments in life when you realize that the world is not the same for everyone; it hits you that there are others who exist in a totally different world that is characterized more by life's struggles than by life's joys. These moments will hopefully encourage holistic thinking and social interest. It is our hope that the volunteers learn that the gain of one is the gain of all; that the whole is greater than the sum of its parts.

As I mentioned, the Adlerian Society also serves as an affiliate of NASAP. Each year, we not only encourage NASAP membership, but we also encourage attendance at the annual conference. This year the Adlerian Society sends its best wishes to Dr. Paul Rasmussen, Dr. Leigh Johnson-Migalski, Dr. Mark Bilkey, Thomas Lindquist, Ava Haji-Ghasemi, Sarah Hudson, Maria Pitiakoudis and myself as we all prepare to present in Atlanta. We also encourage other students and faculty to get involved with the organization in one of the many possible ways.

I have shared with you all a selection of the experiences that have encouraged me to lead the Adlerian Society at the Adler School of Professional Psychology. These are the moments that allow me feel to proud of the work we do and the progress we have made; not just for ourselves, but for our community. We are trying to make a difference on a variety of levels and we hope that you can join us someday!

Korey Watkins, Chapter President

## **CONFERENCE CORNER**

By now you should have received the exciting conference pamphlet that lists all the major events, workshops, and presentations that await you at the NASAP conference in beautiful Atlanta, June 7-10, 2012! You'll want to take advantage of the early bird deadline of April 15th and the special hotel rates by May 11th, 2012. Please support NASAP's ability to keep the conference registration at its current level. We are able to do so as long as we meet our quota for guest room nights in the hotel, as well as meal and beverage purchases in conjunction with our events. Some persons aren't aware that, if we don't book the minimum number of guest rooms contracted, NASAP is charged for the unfilled hotel rooms; also, if the number of meals falls short of the agreement, NASAP must pay for the meeting space. It can be so tempting to book your room using another option that provides you a discount (e.g., with an automobile association or retirement card), or even at another location, but unfortunately in those cases, NASAP does not get credit for your registration. The meal costs are another issue. The prices you see on the registration reflect the cost that NASAP has to pay, including a 22% service charge. Without the meal contracts NASAP would be charged several thousand dollars in meeting room and ballroom rent. If we all had to share that expense the conference registration could go up significantly. We realize not everyone is able to bear these costs, but if it is within your means, we encourage you to please help keep the conference costs in check. Thanks for your understanding and see you in Atlanta!

Becky LaFountain, Conference Coordinator

# CONFERENCE EXTRACURRICULARS, PART I

## WEALTH OF OUTDOOR ACTIVITIES AVAILABLE IN ATLANTA

Atlanta's premier outdoor event, the Peachtree Road Race, occurs annually on the Fourth of July. It is the world's largest 10K (6.2 miles) road race, and includes a mixture of international runners, wheelchair athletes, joggers, and walkers. Starting with 110 runners in 1970, the race now consists of 60,000 participants.

Similar to the growth of the Peachtree Road Race, is the development and expansion of Atlanta's parks and recreational pathways. The city's mild winter, early spring, and prolonged autumn make it a great place for outdoor enthusiasts to enjoy a variety of outdoor activities. Even during the "dog days of summer," those who enjoy outdoor sports can participate in their favorite activity during the early morning hours, or in well-shaded areas.

Piedmont Park, known as "Atlanta's Central Park," is located within the downtown Atlanta area, approximately 1.5 miles from the Hyatt Regency hotel. It has a nice balance of "tar and turf" for use by exercise enthusiast, sunbathers, and picnickers alike. The distance around the park is approximately 0.7 miles. Several water fountains are available along the path, making it easy to stay hydrated. Information is available at <http://www.piedmontpark.org>.

The Atlanta History Center is situated on a 32-acre site in an exclusive area of Atlanta near the Governor's mansion. The center has walking trails lined with over 600 native plants. In addition to the walking trails, admission includes a tour of two historical homes and elaborate gardens. The Swan house, a mansion built in 1928, is one of the most photographed landmarks in Atlanta. The Smith Family farm is a plantation home built in 1840. It is one of the few homes to survive the destruction around Atlanta during the Civil War. The Atlanta History Center is 7 miles from the Hyatt Regency hotel. Admission is \$16.50. It is a great value for those who wish to combine mild exercise in a lush environment with rich historical southern tradition. Information is available at <http://www.atlantahistorycenter.com>.

The Chattahoochee River National Recreation Center is located north of Atlanta, approximately 14 miles from the Hyatt Regency hotel. The firmly packed sandy path is suitable for walking, jogging, and biking. The path loops along the Chattahoochee River, allowing joggers a glimpse of the sparkling water as well as an occasional cool breeze. Several walking and hiking trails branch off the main path into the hilly surrounding area. These trails, lined with several species of native plants, attract a variety of unusual birds. It is a favorite site for bird watchers. Parking is \$3.00. Information is available at <http://www.nps.gov/chat/planyourvisit/index.htm>.

The Kennesaw Battlefield National Park is approximately 20 miles from downtown Atlanta, but worth the trip. Parking and entrance are free. A visitor center, located at the entrance of the park, provides park maps as well as an overview of the Civil War battles enacted within the park territory. The park features 16 miles of trails that meander up, down, and around the base of Kennesaw Mountain. Some trails are hilly, but are suitable for hiking, walking, and jogging. Wildlife is abundant and friendly. The allure of the peaceful natural habitat makes it a favorite among local sport enthusiasts. Road Runner Magazine once rated Kennesaw National Park as a top running spot in the United States. Information is available at <http://www.nps.gov/kemo/index.htm>.

Stone Mountain Park, 16 miles east of downtown Atlanta, has thousands of acres of parkland. At the center of the park is Stone Mountain, a large exposed granite stone with an elevation of 1,686 feet. There are trails that lead up and down the mountain, as well as wildlife trails through natural animal habitats. Admission to the park is \$10.00. Other attractions carry an additional cost. Information is available at [www.stonemountainpark.com](http://www.stonemountainpark.com).

During the past 20 years, the PATH Foundation has developed over 160 miles of paved trails in and around Atlanta and throughout Georgia. One of the most popular trails, the Silver Comet Trail, is located about 10 miles northwest of Atlanta. This 60-mile trail extends to Alabama and is a favorite for walkers, joggers, cyclists, and roller-skaters. Parking and admission are free. Bike rentals are available at the Silver Comet Depot. More information is available at <http://silvercometdepot.com>.

Another PATH trail for cycling enthusiasts is the Stone Mountain Trail. It begins at Piedmont Avenue in downtown Atlanta and ends at Stone Mountain. The 19-mile trail connects downtown Atlanta to the ML King Historic site, Carter Center, Fernbank History Center, downtown Decatur, Stone Mountain Village, and Stone Mountain Memorial Park. The trail ends at the loop road around Stone Mountain, affording travelers access to all Stone Mountain Park venues.

Several others PATH trails are located in or near downtown Atlanta. Locations, maps, and information about PATH trails are available at <http://pathfoundation.org/trails>. In addition to the Silver Comet and Stone Mountain trails, the following locations are closest to the downtown area: Chastain Park, Nancy Creek, South Peachtree Creek, and the Eastside Beltline Trail.

Bicycle riding along the busy streets of Atlanta can be a dangerous endeavor. It is best to stay on bike trails. If you wish to explore Atlanta by bicycle, group tours are a safe alternative. Bicycle Tours of Atlanta offers a variety of 4 hour leisurely bike rides with a tour guide. These tours meander through beautiful in-town neighborhoods, historic sites, and quaint shopping districts off the beaten path. A 10% discount is

available to conference attendees. Use the discount code Adler when registering for a bike tour. More information is available at <http://www.biketoursatl.com>.

Bicycles and rollerblades are available for rent. The following rental services are located near the conference center or the Silver Comet Trail: Piedmont Park bike & roller-blade rentals, <http://www.skateescape.com/> and Silver Comet Trail bike rental, <http://silvercometdepot.com>.

The Georgia Association of Adlerian Psychology hopes you take time to explore the city of Atlanta. The city played a pivotal role in the Civil War and the Civil Rights Movement and is rich with historical landmarks that memorialize these events. Atlanta is also a city with a rich history of humanitarianism. Atlanta hosted the 1996 Olympic Summer Games where athletes from around the world gathered to compete in a peaceful environment. The Carter Center, located 2 miles from downtown, was developed in consultation with former President Jimmy Carter. The Carter Center's mission is a "fundamental commitment to human rights and the alleviation of human suffering." Whichever avenue you choose to explore while in Atlanta, you are sure to find the people to be warm, friendly, and full of "southern hospitality."

Joanne Marcone, PharmD, MA, LAPC

## **CONFERENCE EXTRACURRICULARS, PART II**

### **ANOTHER REASON TO COME TO ATLANTA IN JUNE!**

I remember enjoying a terrific NASAP conference held in Chicago in May 2006. An interesting highlight for me, however, had nothing to do with the conference itself. I had an opportunity to travel down a few streets to attend a baseball game at historic Wrigley Field. Yes, it was a day game and I have to confess that I missed an afternoon workshop. However, it just so happened that the Atlanta Braves were in town. Being that I am from Atlanta, I took this as a sign that this was not an opportunity to pass up. As an avid baseball fan, I had always dreamed of going to Wrigley Field so to see my home team, the Atlanta Braves, play at Wrigley Field made it extra special. It was a wonderful game on a beautiful sunny afternoon and this left me feeling refreshed and invigorated as I returned to the conference for the evening program. The Braves did win, in case you were wondering, so for me it was a perfect afternoon. It made for a wonderful memory to go along with a fantastic conference.

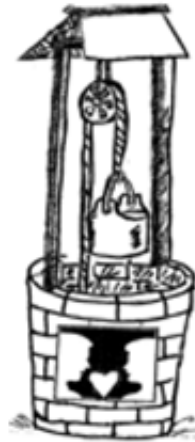
In Atlanta, Turner Field may not hold the historic prestige of Wrigley Field, but the team it hosts has been an elite team for the past 21 years. After winning 15 consecutive division pennants and a World



Series, the Atlanta Braves just missed the playoffs in the past few years. Last year, in fact, the team came within one game of being back in the playoffs. Once again, the Atlanta Braves have a very young, talented pitching staff and some key veteran players, including soon-to-be Hall of Famer, Chipper Jones, who will be retiring after this season. Turner Field is one of the nicest and most aesthetic baseball venues in the country. It is a beautifully designed stadium right in the heart of Atlanta and perfect for watching an evening baseball game under the southern sky. It is also where the Olympics were held in 1996. It just so happens that, during the NASAP 2012 conference, the Atlanta Braves will be playing host to two American League teams, the Toronto Blue Jays (June 8-10) followed by the New York Yankees (June 11-13). Those of you who are baseball fans will know that these are inter-league games (National League verses American League) which only happens a couple of times a year. The Atlanta Braves rarely ever play either of these teams during the regular season, but there is an intense rivalry between them as they have previously battled each of these teams in the World Series in the 1990s. So if you are planning to come to Atlanta for the NASAP conference, which is sure to be an enjoyable and enriching experience, and are looking for something else to do around town, you may consider heading out to the ball park and watching the Atlanta Braves battle an American League rival. The beautiful thing is that you can even do that without missing a workshop! Just make sure that you root for the Braves!!

Gary Bauman

## RELATIONSHIP REFLECTIONS



**WELLNESS FOR LIFE**  
by Lois G. Marecek M.Ed., NCC, LPC  
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With our weather pleasantly in the 70s, I was sitting on our back porch swing gazing at the mountains. Being from the desert, we relish days like this.

For those of you who are not familiar with the desert, the scope of our seasons is spring, summer and “sprinfall”. Although, our sunsets, picturesque, artist palettes of warm yet cool blues blended at different times with hues of orange, crimson, violet and cinnabar,

seem to make up for the summer temperatures.

I found myself focused yet not focused. You may have found yourself in a similar frame of mind at some point in time.

As I gazed at the bluff, dotted green and rust statuesque mountains nestled below a crisp, clear, lapis lazuli blue sky, I couldn't help but notice the hummingbird fluttering as she / he danced around the hollyhocks tantalized by its nectar.

At this point, my brain seemed to transport to relationships. Relationships are all around us. Most people, upon first hearing the term, perceive it as human in nature and, for the most part, sexual. This is only one small aspect of life's relationships.

Relationships are as vast as the words that define the term: 'connection, association, kinship, liaison, bearing, linkage, and affinity' just to name a few. (Dictionary.com). Then there are the categories: mathematical / statistical – correlation binary, etc.; musical – harmonic connections of tones, chords, etc.; astrological – sun, moon, stars, etc.; Navaho Creation Folklore – Mother Earth, Father Sky, First Woman, First Man, the First Three Worlds, etc.; nature in general – plants, rain, animals, insects, etc.; spiritual – religious, God, connecting the spirit and soul, etc. and psychological – interpersonal, work, etc. And let's not forget intimate – where love speaks the language of the heart as it crosses all boundaries and touches the deepest of emotions. The list goes on!

The question is, "How to get a relationship to be productive"? There is a basic foundation / bond: effort on both sides toward a mutual goal of function that is beneficial. In essence – a thread that weaves itself to and fro, in and about demonstrating balance and joint functioning that sustains life.

They are priceless in terms of friendship / marriage in tickling the funny bone of laughter, lifting spirits, being comfortable with who you are, without the need of acting like something you're not – accepts and loves imperfections while at times, stimulating your endorphins. What about a work setting? The overall success reflects how each member is valued – worth and usefulness; competence – ability to proactively mesh skill and knowledge stemming from a foundation of open, mutual, and respectful communication that projects trust, credibility, cooperation, diversity of learning from one another and commitment in working together.

The bottom line is that relationships are important to all living entities. Relationships can be seen as true partnerships created from some basic elements. These elements can be simply expressed as the "4 Crucial C's (Bettner & Lew, 1996) with an additional, culminating 'C' word: CONNECT – having the belief that I belong and have a place; CAPABLE – having the belief that I am competent & can do it by taking responsibility; COUNT – having the belief I can make a difference; and COURAGE – having the belief that I can handle whatever the situation with resilience, overcoming fear. I feel there is an additional 'C' word that brings it all together: CONTENTMENT – having the belief of feeling good about who I am and my contribution, peace of mind and

harmony.

“Don’t walk in front of me, I may not follow. Don’t walk behind me, I may not lead. Just walk beside me and be my friend.”

- Albert Camus

I look, and see the SUN, and The One Behind Our Brother: I give Praise to both, Spirits of Hope, and join in song, with all Nature. I am Blessed, and feel Blessed, just to see the sun, the day, But more, because,- Of the ONE who made ALL.

O, Gather with me, all Life, and remind me, that this what is true and good: all That The Creator made, and just as the new day dawns, so life is renewses when the sun arises, all is good, there is hope.

- Wendy Yocum, "When the Sun Arises"

“I am the middle child; I think it’s really mean; I’m stuck in between like; a tinned sardine; I’m the filling of the sandwich; yes that’s what I am; mum says I’m sweet; so perhaps I’m jam.”

- Johannah, Age 12, London

“Some people ask the secret of our marriage. We take time to go to a restaurant two times a week. A little candlelight, dinner, soft music and dancing. She goes Tuesday, I go Fridays.”

- Henry Youngnan

These are but a few insights into relationships. I hope they were enjoyable. Until next time, stay well and hydrated.

Warm Fuzzies

Lois Marecek

## **EXECUTIVE DIRECTOR NEWS**

As we grow closer to the Conference, we’re, of course, getting busier. We’ve had a few problems lately with the website mathematician. He’s that little guy that sits inside the computer and adds up your tab when you sign up for sessions at the conference. Apparently, he isn’t perfect or perhaps I should give him a rest now and then. I’ve had a couple of calls from people that tell me that their total was wrong. Usually it’s higher than it should be but occasionally lower. So if you run into problems with your total not being correct, let me know. Don’t bother complaining if the total is right and you just don’t like the price – that’s not my department. But if the total is wrong, I can fix it.

We're looking for a good turn out at the conference. Please remember to sign up for your room by May 11 or you may lose the great rate that we have at the Hyatt in our block of rooms. I realize that some of you may be tempted to stay elsewhere but I would like to remind you that staying at the Hyatt brings down our total cost for the Society because the more rooms we fill and the more people we have at the meals that are planned, the lower our overall cost.

MEMBER DIRECTORY – there is a current member directory that is alive and well on our website. It is available only to members so you have to log in to the Members Section to find it. Once you do, you'll find a MEMBERS ONLY tab appears in the upper right portion of your screen as well as an EDIT MY PROFILE tab. If you click on the MEMBERS ONLY tab you can explore the membership directory. It should be current and if your information is not correct, you can sign in and update it to be correct. When you update it, it will go to our database and change what is already in there so make sure it is a change that you want to be reflected throughout the database. If information is showing that you do not want public, you can edit it by clicking on the MY PROFILE tab at the top of the left side of the page and select any item you want to be private. When you do this, it will take it off of your profile page so others can't see it. This could be your home phone or even work phone or perhaps your email address. You can also add things to your profile such as your picture – for an example, find my name in the directory and you'll see a picture of me (directory is arranged by first names at this point – I haven't figured out yet if I can change it to last name order or not – but you can always do a search).

MEMBER SEARCH – in the upper right hand portion of the page there is a little magnifying glass right next to a text space. Type in a name of someone you want to find. If it's a last name it will only find persons with that last name. If it is a first name it will find persons with that first name. It will narrow your search a lot. If you're not sure how to spell someone's name but know something about it – like it starts with Ne you may want to use ADVANCED SEARCH. That's also where you can find someone by their section or their affiliate group if they have indicated their affiliate membership. To get to ADVANCED SEARCH from almost any page, just click on the magnifying glass in the upper right hand corner. Even if you put nothing in the text space, it will open up the directory and then you can see ADVANCED SEARCH on the left hand side of the screen. You can search by a variety of criteria there – play around with it and learn to know your Society members.

TAPTALKS – Several Taptalks from previous months are uploaded on the web and you can listen to them if you'd like. You can also download them as you play them if you would like to do that. You'll find them under the RESOURCES tab. We'll be adding more resources as we go along. I'm looking forward to seeing you in Atlanta for the Conference.

John F. Newbauer, Ed.D.

Executive Director

## **POSITION OPENINGS**

The Adler Graduate School of Minnesota in Richfield is looking for a qualified graduate level instructor to teach the course in Ethics without Borders (course 721) for our online students starting the third week of August through September. Ideally, this will be a candidate with a strong Adlerian background, experience in graduate level instruction, and belief in quality of distant education. Interested persons should contact me at [marina.bluvshstein@alfredadler.edu](mailto:marina.bluvshstein@alfredadler.edu) for more details.

Secondly, the school is also happy to announce the launching of its second OL cohort in July 2012 and it welcomes applicants into a full MA degree program in Adlerian Studies or the Online Adlerian Series. The first class this new cohort will take is 711 - Introduction to Adlerian Psychology I with Thomas Wright.

## **UPCOMING TRAININGS**

The Western Pennsylvania Society of Adlerian Psychology Presents a free workshop for the General Public & for Therapists, Counselors, Educators, Social Workers and Psychologists

### **Meeting Adler's Life Tasks in Later Life**

Presenter: Kerry Ann Kennelly, Psy.D.

Saturday, May 19, 2012 10 AM to 12 PM

Bethel Park Library

5100 West Library Road

Bethel Park, PA 15102

Following retirement, some older people think they are being 'put out to pasture' and expected to sit in a rocking chair, watching television, waiting to die. But, more often than not, our seniors not only resist this type of thinking, they actively pursue new interests and work. Adler believed that the healthy person is one who engages in the life tasks of work, love, and community. Later, other Adlerian theorists added two more tasks: to know oneself and spirituality. This program will explore ways in which healthy older adults can continue to meet the life tasks, even as their physical health declines.

## Objectives:

Attendees will: • Understand the Adlerian Life Tasks of work, love, and community • Understand the tasks of self and spirituality • How the life tasks meet the need to belong • Know how to enjoy a good retirement while meeting the life tasks • Learn how to choose an assisted living facility or nursing home that will continue to help people meet the life tasks

Presenter: Kerry Ann Kennelly, Psy.D. – Secretary of WPSAP; Kerry holds an MA in Counseling and a Doctorate in Clinical Psychology from the Adler School of Professional Psychology in Chicago. She currently works part-time as an outpatient therapist at Mercy Behavioral Health; her private practice includes offering counseling with residents of 6 nursing homes and 2 assisted living facilities. In this practice, Kerry works with people who are making the adjustment to changes in their physical and social life. Her clients in these facilities often struggle with anxiety, depression, and the onset of dementia, as well as the physical health problems. Kerry also advises staff at the facilities on how to work with patients with behavior problems.

Continuing Education Credits: Two (2) hours of Continuing Education available. This program is co-sponsored by the North American Society of Adlerian Psychology (NASAP) and by the NASW-PA, SW Division. NASAP is approved by the American Psychological Association to sponsor continuing education for psychologists and is recognized by the National Board of Certified Counselors (NBCC) to offer continuing education for counselors. NASAP maintains responsibility for this program and its content. Application has been made to NASW-PA, SW Division for continuing education. There is no fee for attendance. There is a nominal charge of \$15.00 to process CEs for non-members of WPSAP and NASW- PA, SW Division.

Cancellation Policy: Should the event have to be cancelled WPSAP will send out emails to all in the WPSAP address book. If you are not on that list, please check with the Bethel Park Library the morning of the event. (412-835-2207). To insure an email contact, please send your email address to pawaltond@verizon.net. Special needs requests should be directed to Kerry Kennelly at 412 716 2078. Visit our Web site at: <http://www.wpsap.org>.

## PUBLICATION NOTICES

Two new, provocative articles have been added to the Classical Adlerian website, [www.Adlerian.us](http://www.Adlerian.us):

"Why Study The Collected Clinical Works of Alfred Adler?," by Henry Stein at [www.Adlerian.us/cwaa-why.htm](http://www.Adlerian.us/cwaa-why.htm).

"Rediscover Alfred Adler!, by Sophia de Vries at  
[www.Adlerian.us/cwaa-devries.htm](http://www.Adlerian.us/cwaa-devries.htm).

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